

Seeking the 36: Shamanism, Schizophrenia, Madness, and the World

May 30, 2015, 9AM-4:30 PM

Center for Conscious Living,

849 E. Washington Ave, Madison, WI

Cost: \$100 Mail to:

Myron Eshowsky, 5621 Varsity Hill, Madison, WI 53705

Credit card invoices are possible with an extra \$5 fee.

For more info: myron@myroneshowsky.com

"Our greatest responsibility is to be good ancestors"—Jonas Salk

There is a story in Jewish tradition of the 36 who hold the soul of the world and in doing so help alleviate war and suffering. They are said to be hidden and humble and compassionate beings. They hold up the world through their simple acts of goodness, preventing the world from its end. This workshop holds the question, "how can each of us embody the tradition of the 36 and bring healing to the soul of the world?"

In our times of a world in madness, we need to understand that those who may seem most crazy may hold capacity to the supernatural and reveal kernels of wisdom needed in our times. Indigenous view of illness is to not see them as individual but as collective. This distinction alone shifts our understandings of the nature of madness.

This workshop explores what shamanic healing traditions can offer in understanding, addressing, and preventing social and emotional ills. The workshop is largely informed by Jewish shamanic and mystical traditions. These traditions suggest that our collective problems are rooted in our broken relationships with ourselves, our families, our communities, and the world around us. Workshop is experiential and healing focused.

TOPICS INCLUDE BUT NOT LIMITED TO:

How does shamanism view schizophrenia and how can these understandings aid in alleviating suffering? How do we understand the sparks of divine in the midst of other psychic negativity?

Healing approaches helpful in treating spiritual emergencies and the case for supportive communities.

Moving from individual to global, understanding how unhealed energies in the larger whole impact us all and are a source for our own distress individually and collectively.



Myron Eshowsky, M.S., has taught about shamanism and its application to modern problems for over four decades. Early in his career, he created and established a program which allowed persons diagnosed as schizophrenic to provide counseling and case management for each other. Surprisingly, many were able to reduce and in some cases get off of psychotropic medications. The workshop reflects an evolution of his reflections on this topic. He is co-director of the Social Health Care Project for Syrian Refugees, a trauma treatment training program serving grass root needs of the refugees throughout the Middle East. Additionally, he maintains a private healing practice in Madison, Wisconsin. He is the author of *Peace with Cancer: Shamanism as a Spiritual Approach to Healing*.

myroneshowsky.com